

THANK YOU

Product includes

Thank you for visiting my store I have made these fluency calendars for you to send home as homework. They should work for almost any grade from elementary to high school. If you have any questions or concerns, please contact me. If you see any errors, please let me know and I will fix them right away!

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Review



I am just starting out with my store and would LOVE it if you would take the time to leave a review.

JUNE

FLUENCY CALENDAR

MON	TUE	WED	THU	FRI	SAT	SUN
<p>If you could have any superpower what would it be and why? Remember to use your fluency strategies while describing.</p> <p>What is one word to best describe yourself and why? Use your fluency strategies to describe.</p> <p>Practice 5 finger breathing. Hold one hand out. With your other hand trace each finger up as you breathe in and trace each finger down as you breathe out— finishing with five deep breaths.</p> <p>Say the following sentence using "easy/fluently" speech, then again with "bumpy/dysfluent" speech. "Let's have hamburgers and french fries."</p> <p>Use slow speech to explain what animal best describes you?</p>	<p>Describe two of your fluency strategies that you use the most.</p> <p>Read a paragraph from your favorite book.</p> <p>Practice 5 finger breathing. Hold one hand out. With your other hand trace each finger up as you breathe in and trace each finger down as you breathe out— finishing with five deep breaths.</p> <p>Tell a story about the funniest thing that has happened to you and make sure to breathe before each sentence.</p> <p>Recite the days of the week using slow easy speech.</p>	<p>Use smooth speech to describe your favorite tv show and tell why you like it.</p> <p>Describe your favorite thing about your school.</p> <p>Using your favorite fluency strategy, tell a joke to family members.</p>	<p>Use light contact and say this tongue twister "Betty Botter bought some butter, but she said the butter's bitter."</p> <p>Two truths and a lie- tell two truths and one lie.</p> <p>Practice 10 belly breathing deep breaths today.</p>	<p>Fact Friday- As many as 80% of young children who begin to stutter ultimately stop stuttering.</p> <p>Fact Friday- Stuttering can be learned.</p> <p>Fact Friday- Stuttering is more common among males than females. In adults, the male-to-female ratio is about 4 to 1; in children, it is closer to 2 to 1.</p>	<p>If you found 100 dollars what would you spend it on? Use your slow speech to describe.</p> <p>Discuss something you saw on TV.</p> <p>Tell someone your favorite flavor of ice cream using stretchy or slow speech?</p>	<p>Take a walk in the neighborhood and describe an animal you see using your slow speech.</p> <p>Tell someone your favorite thing that you did this weekend and use your smooth speech.</p> <p>Think of five words that you stutter on. Practice saying each one five times.</p> <p>Using super slow speech answer this question. If you could own any car what would you own?</p>

Strategy of the month

Slow speech

- Sometimes called stretched syllable technique
- Focuses on achieving very deliberate and slow speaking
- No more than 40-60 syllables per minute



JULY

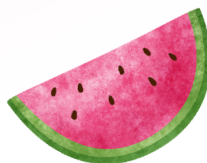
FLUENCY CALENDAR

MON	TUE	WED	THU	FRI	SAT	SUN
Stutter on purpose while saying this sentence "I like fireworks because they are colorful."	Describe your favorite hobby using slow easy speech.	Would you rather have an extra finger or an extra toe? Use your strategies when answering.	Sing your favorite song today.	Fact Friday- Citizens of every nation and speakers of every language across the world stutter.	What is your favorite thing about your family? Use your speech strategies when describing.	Read something aloud from the news today and remember to pause at the end of every sentence.
If you were immortal for a day what would you do? Remember to use slow speech when describing.	Describe what you would order at McDonald's using your strategies.	Describe two fluency strategies that help you.	Tell someone about when it is hardest to be fluent and use strategies to help you.	Fact Friday- More than 70 million people worldwide stutter.	If you had to be a Disney character, which one would you choose to be? Describe your choice.	Practice your five finger breathing today.
If you got three wishes from a genie, what would they be? Make sure to use your speech strategies when describing.	Describe a time you were teased or teased someone. Use your strategies.	Practice 7 finger breathing to see how it feels to stretch your breath in and out.	If you could tell a you superhero, what would you say? Use your speech strategies to describe.	Fact Friday- Repetitions, hesitations and revisions are types of dysfluencies.	Use your strategies to describe a sentence using fluency strategies, such as repetitions, hesitations, and revisions.	Who is your role model? Use your slow easy speech to describe.
Go for a walk or bike ride and tell someone what you saw using your favorite fluency strategy.	If you had an old song that played every time you walked into a room, what would it be? Sing it.	Would you rather be the funniest person alive or the smartest person alive? Use your slow speech to describe.	When driving in the car today, use your slow, easy speech.	Fact Friday- Repetitions, hesitations and revisions are types of dysfluencies.	What would your perfect pet be? Describe it using your speech strategies.	Using your speech strategies describe something you want to do before summer is over.
Read a paragraph from a book today and remember to pause at each period.	What is your favorite thing to do on a rainy day? Use your strategies when describing.	Describe if you would rather be the worst player on a team that always wins or the best player on a team that always loses?				

Strategy of the month


BREATH SUPPORT

- Place one hand on your chest and one on your belly.
- Take a deep breath and let your belly rise to the fullest extent.
- Breathe out all the air and let your belly fall. Relax your diaphragm.



AUGUST

FLUENCY CALENDAR

MON	TUE	WED	THU	FRI	SAT	SUN
Describe the best gift you have ever received using your slow speech?	Practice ten deep belly breaths today. 	Use your best easy/fluent speech while talking on the phone today.	Say this sentence using light contact, "Bobby brings bright blue balloons."	Fact Friday Ed Sheeran, a famous musician, was a stutterer.	What is your favorite subject in school and why do you like it so much? Use your easy speech to describe.	If you could travel back in time at any point in history, when would it be? Use your strategies.
If you had to change your name, say what your new name would be using prolongation.	Fluency strategy: Use your pause to make dinner describe the speech.	Would you rather be invisible or be visible? Use your strategies to describe.	Say the following sentence using light contact, "Bobby brings bright blue balloons."	Fact Friday Ed Sheeran, a famous musician, was a stutterer.	If you didn't have to worry about anything, what would you do with your time? Use your strategies to describe.	Describe something fun you did this week using your fluency strategies.
Practice your five finger breathing today.	Fluency strategy: Use your pause to make dinner describe the speech.	Would you rather be invisible or be visible? Use your strategies to describe.	What celebrity do you wish you would run into walking around town? Use your strategies while describing.	Fact Friday Ed Sheeran, a famous musician, was a stutterer.	Describe your favorite cereal using your fluency strategies.	What would you do if you have "15 minutes of fame?" Use your strategies to describe.
Tell someone about your favorite teacher using your fluency strategies.	If you could go anywhere in the world, where would you go. Use your pausing/breathing strategy when describing.	Say the alphabet using the light contact strategy.	What celebrity do you wish you would run into walking around town? Use your strategies while describing.	Fact Friday-Everyone experiences a "normal" amount of dysfluency when they speak.	Describe your favorite cereal using your fluency strategies.	While using smooth speech, tell someone what you hope to accomplish in school this year.
What is your favorite fast food restaurant and pretend you are ordering there using your strategies.	Describe your favorite summer memory using your speech strategies.	Would you rather have a long summer break or long winter break? Use slow speech while describing.	<p>Strategy of the month</p> <p>... ———— ♥ ———— ...</p> <p>LIGHT CONTACT</p> <ul style="list-style-type: none"> • Touching parts of the speech machine softly with less physical tension so you can keep your speech moving. • For example when saying the word 'BALL'. Lightly touch your lips for the B sound and then continue with the rest of the word 			



SEPTEMBER

FLUENCY CALENDAR

MON	TUE	WED	THU	FRI	SAT	SUN
What are three goals you have for this year? Use your stuttering strategies to describe.	Use your stuttering strategies to describe, if you were on Shark Tank, what business pitch would you give.	Practice Easy Onset- Breathe out with a quiet sigh and make the Hhhhh sound. Slowly add in vowels, hhhhaaayy, hhheeee.	What do you think is the most important quality in a friendship? Use your fluency strategies while describing.	Funny Friday- Use your fluency strategies to tell someone, what animal would be the funniest to have a conversation with.	Use easy onset when describing, what is your favorite game and why.	Where would you like to go on vacation? Use your fluency strategies to describe.
What is your favorite song? Sing your favorite verse.	Using slow speech, describe your	Would you rather only be able to whisper or have a	Breathing strategy- Set a kitchen timer for 2 minutes and lay	Funny Friday- Tell a knock-knock joke	Discuss if you prefer pizza or tacos and	Use your fluency strategies to describe, what item you would keep if you could only own one thing.
Using your fluency strategies describe what is better, spicy food or food that is not spicy and why.						
Use your strategies and tell someone what is the best compliment you have ever received.	Read a book and use your strategies. Pause at each period.	strategies to describe if you would rather be invisible or be able to fly.	Tell how to make a peanut butter and jelly sandwich using your favorite fluency strategy.	Funny Friday- Tell your favorite joke to someone using your fluency strategies.	things about your teacher and use your fluency strategies.	How do you feel about pineapple on pizza? Use your fluency strategies to describe.
Using your speech strategies, tell someone your favorite place you have ever visited.	What is your lucky number and why did you pick it? Use slow speech to describe.					

Strategy of the month

EASY ONSET

- Make light contact with the vocal folds when producing a word.
- Gently and quietly start your airflow before the beginning of words.
- Easy onset works best on the following sounds: A, E, I, O, U, W



OCTOBER

FLUENCY CALENDAR

MON	TUE	WED	THU	FRI	SAT	SUN
Using your fluency strategies describe what kind of amusement park rides are your favorite.	What is one think you would like to accomplish this week? Use your fluency strategies to describe.	Describe whether you would rather live without a T.V. or phone using your fluency strategies.	Tell someone what you would like to change about school and use your fluency strategies.	Funny Friday- If you were the character in a comedy movie, what would your character's quirky trait be? Use slow speech to describe	Use your slow speech to describe your dream vacation.	What is the last thing you looked up on Google? Tell someone while using your fluency strategies.
Tell someone what you would like to change about school and use your smooth speech.	Use your smooth speech to describe a costume you have worn.	Would you rather live in the desert or in a desert? Use your fluency strategies to describe.	Describe what you would like to change about school and use your smooth speech.	Funny Friday- If you could replace your arm with a prosthetic, what would it be? Use slow speech!	If you could be any professional athlete, which one would you be? Use your smooth speech to describe.	Use your smooth speech to describe what would you take if you were on a cooking show.
Do you prefer the center brownies pieces or the corners? Purposefully stutter when describing and use pull-out strategy.	What is the most happy thing that has happened to you? Use your smooth speech to describe.	Describe your favorite strategies to describe something. Use your fluency strategies to describe.	When going to school, what would you like to change? Use your smooth speech.	Funny Friday- What is your favorite thing to do? Use your smooth speech.	What is the difference between a dog and a cat? Use your smooth speech to describe.	Do dogs or cats make better pets? Explain why using your smooth speech.
Use smooth speech to tell a parent something kind that someone has done for you.	Is it better to give or receive gifts? Use your smooth speech to answer.	Use your fluency strategies to count to 100.	Describe something you do that an old person also does, use your smooth speech.	Funny Friday- What is something across the board that everyone looks silly doing.	Talk about the difference between ice cream and popsicles using your smooth speech.	Name two things that were amazing about your weekend using smooth speech.
If you could trade lives with one person, who would it be? Use your smooth speech to describe.	Use your smooth speech to describe what was your favorite birthday and why.	Would you rather live in the sky or under the sea? Use your strategies to discuss.	<p>Strategy of the month</p> <p>• ————— ♥ ————— •</p> <p>PULL OUT</p> <ul style="list-style-type: none"> • Pull out technique involves identifying and releasing tension during a stutter. • When you start to stutter, RELAX in the moment of stuttering and let wherever the tension is go limp. Focus your attention on the parts of your lips/mouth/throat that are tense during the moment of stuttering. • Then continue saying the rest of the word. 			



NOVEMBER

FLUENCY CALENDAR

MON	TUE	WED	THU	FRI	SAT	SUN
Use your smooth speech to talk about three things you are thankful for.	Use your favorite fluency strategy to describe your favorite thing to do in the fall.	Play a game of tic-tac-toe and purposefully stutter on a word when you take a turn.	Describe your favorite kind of pie using your smooth speech.	Funny Friday- What is something funny that happened to you on vacation? Use your strategies when describing.	Tell someone something you would like to do this weekend using your fluency strategies.	Describe the city you live in using your smooth speech.
Say this sentence and purposefully stutter on Monday. "I am really excited to go to the movies on Monday."	What is something amazing you did today? Use your	Practice 10 deep belly breaths today.	Read a page from your favorite book aloud and guide	Funny Friday- What is something you have done	What is your favorite hot drink? Describe it	If you could live in any city, where would you live? Describe using your smooth speech.
Describe your favorite thing to do using your fluent speech.						Do you stutter more with people in person or on the phone? Why?
What do you wish someone taught you a long time ago? Use your smooth speech to describe.						What is one exciting thing that happened this weekend? Make sure to pause in between sentences.
Using slow speech describe what you change about yourself if you could change one thing.	Describe your favorite school field trip that you have been on using smooth speech.					

Strategy of the month

PURPOSEFUL STUTTER

"Intentional stuttering" = an activity to reduce anxiety and stigma of the stuttering behavior. Speakers intentionally stutter on words. It also reduces the negative feelings speakers experience during stuttering.



DECEMBER

FLUENCY CALENDAR

MON	TUE	WED	THU	FRI	SAT	SUN
Describe your favorite store to shop in using your fluency strategies.	Tell someone something you would like to do this weekend using your strategies.	Use your strategies and describe if you rather never be able to wear pants or never be able to wear shorts.	Describe what you would like to do over winter break using your smooth speech.	Funny Friday- Using your strategies describe the funniest gift you have ever received.	Using your fluency strategies describe what a perfect snow fort or sledding hill would look like.	Using your fluency strategies, describe what a perfect day would look like.
What is something you have always wanted to do or try? Use your smooth speech to describe.	Practice your belly breathing today. Lie down and put your hands on your belly. Take in deep breaths.	Use your smooth speech to describe if you would rather be the smartest person in the world or the best athlete in the world.	If you could have lunch with anyone from the past, who would it be? Use your smooth speech to discuss.	Funny Friday- Share your favorite joke using your smooth speech.	Name five awesome things about yourself!	If you could have a constellation named after you, what would it look like? Use your smooth speech to discuss.
Discuss your favorite activity to do in P.E. class using your smooth speech.	What is your favorite smooth speech strategy to use?	Name your smooth speech strategy to calm down when you are upset.	Describe your smooth speech strategy to use when you are nervous.	Funny Friday- What is the funniest thing that has happened to you this month?	Describe your smooth speech strategy to use when you are nervous.	Read a page from your favorite book making sure to pause at each period.
Describe your favorite fluency strategy and why it helps you.	What is your favorite smooth speech strategy to use?	Practice 4-7-8 breathing. 4 seconds in, 7 seconds hold, 8 seconds out.	Describe your smooth speech strategy to use when you are nervous.	Funny Friday- Describe something you laugh really hard about this month.	Describe your smooth speech strategy to use when you are nervous.	If you could travel to anywhere in the new year, where would you go. Use your good speech to describe.
Use your good speech to describe a New Year's resolution that you have.	Using your smooth speech describe your favorite cold drink.	Would you rather have a new shirt every day or a new pair of shoes every week? Use your smooth speech to describe.				



Strategy of the month

BOUNCING

Light bounces seek to make stuttering repetitions as gentle, quick, and painless as possible so you can keep moving with your message and not get bogged down in tension. To do it, whenever you stutter, don't try to NOT stutter, that'll only up the tension. Instead, stutter, but make those points of contact where the stuttering's happening as light and easy as possible, so you get through it with easy bounces instead of hard stutters.

JANUARY

FLUENCY CALENDAR

MON	TUE	WED	THU	FRI	SAT	SUN
Start the month practicing your favorite breathing strategy.	What is something you want to accomplish this year? Use pausing and phrasing to describe.	Use your fluency strategies to discuss if you would rather have five brothers or five sisters.	Use your fluency strategies to talk about someone at school that you really like and why.	Funny Friday- Tell a joke today!	Using your fluency strategies describe what would make a perfect day.	Using your strategies, talk about something that always cheers you up.
Using smooth speech tell someone what one adjective best describes you.	Using your fluency strategies, name something you do every week.	Recite the words to Twinkle, Twinkle Little Star using your fluency strategies.	Use your smooth speech to describe your favorite gift you ever received.	Funny Friday- What is something that always makes you laugh?	Using your smooth speech describe the craziest thing you have ever done.	TRIANGLE BREATHING 
Describe how to play soccer using the strategy pausing and phrasing.	Describe your favorite thing using your fluency strategies.	Would you rather be a scientist or a doctor? Use your fluency strategies to describe why.	Using your strategies describe how you would spend your winter break.	Funny Friday- Tell a joke.	Using your fluency strategies describe your favorite thing you have ever done.	Using your smooth speech describe the best arcade game you have ever played.
If you went to Africa what animal you would want to see the most in the wild? Use your smooth speech.	Using your smooth speech describe one highlight and one lowlight from today.	Should you be a doctor or a scientist? Describe why using smooth speech.	Read a short story using your smooth speech.	Funny Friday- What is something that always makes you smile?	Using your fluency strategies describe your favorite card game to play.	Using pausing and phrasing, describe something fun you did this weekend.
Using your smooth speech read this riddle- If you like all the flowers, you may like me best. I grow in the garden with all the rest.	Using your smooth speech tell someone about your favorite school project you ever did.	Use your smooth speech to talk about one of your talents.	Strategy of the month  PAUSING & PHRASING This is similar to the slow speech technique <ul style="list-style-type: none"> • Add more pauses into your speech in reasonable, natural places than normal. • Try to talk (slight pause) more like this (pause) with thoughtful (slight pause) well-intentioned pauses (pause) sprinkled throughout. 			



FEBRUARY

FLUENCY CALENDAR

MON	TUE	WED	THU	FRI	SAT	SUN
Describe a person you love very much using your smooth speech.	Use pausing and phrasing to describe your favorite thing about the month of February.	Using your fluency strategies describe whether you would rather go to the zoo or go to the aquarium.	Use your strategies to describe what famous person you would choose to have lunch with.	Funny Friday- What is the last thing you did for fun?	Use your smooth speech to describe something you have done that was really kind.	Take a walk around your neighborhood and use your smooth speech to describe what you see.
Use your smooth speech to tell someone the most ridiculous fact that you know.	If you could go somewhere in a rocket, where would you go? Describe it.	Using your smooth speech tell someone you really like.	What would you do if you have invisible powers?	Funny Friday- What was the last thing you did?	If you could know what someone was thinking, would you want to? Use your smooth speech to describe it.	Tell someone how to play connect four using your smooth speech.
If you could build a robot to do anything what would it do? Don't forget to use your strategies.	Using your smooth speech describe something interesting that you have read this week.	Using your smooth speech tell someone you would rather have a ramp? Use your strategies to describe it.	If you could go back in time to see one day, what day would it be? Use your strategies to discuss it.	Funny Friday- What are you like today?	Describe a dream you have had using your smooth speech.	Describe a hobby you like using your smooth speech.
Describe what you think would be the worst place to be stuck for a long time. Use your strategies.	Watch a short film for kids and use your strategies to tell someone what happened. *Snack Attack is a good one!	Name five things you love about yourself.	Play a game with your family and use your fluency strategies while playing.	Funny Friday- What is the funniest line or scene from a movie?	If you could pick up any hobby, what would it be? Use your strategies to describe.	What is your favorite memory from this month? Use slow speech to describe.

PREVIEW





Strategy of the month

DAILY AFFIRMATIONS TECHNIQUE

Internal thoughts affect what we choose to do or not do (order what we actually want from a restaurant). Filling our heads with positive messages about speaking can actually help us to speak more fluently. Language has power to change our brains and changed brains are more fluent ones. To do daily affirmations technique, say these things (or ones you come up with) to yourself 10 times each everyday. 1. "You are good, important, and loved." 2. "You like to connect with people." 3. "You love to talk easily."

MARCH

FLUENCY CALENDAR

MON	TUE	WED	THU	FRI	SAT	SUN
Using your strategies, describe a time that you felt like you were really lucky.	Sing Row, Row, Row Your Boat. How did your speech sound while singing.	Would you rather have hamburgers or hot dogs? Describe using your smooth speech.	Using your fluency strategies talk about what country you would love to live in.	Funny Friday- What is something funny that you've seen happen this week?	What is your best quality?	
Describe the best thing you have ever purchased using your smooth speech.	Using your smooth	Name five things	If you could trade places with anyone	Funny Friday- Is this funny? Why?	Using pausing and	What would you do if you found a pot of gold?
What is the worst thing you have ever purchased? Use your smooth speech to discuss.						
What is your favorite truck or car on the road? Describe it using your fluency strategies.	Using slow speech describe what you would do if you won the lottery.	Using your fluency strategies, tell someone if you would rather read minds or be invisible.	Describe the fluency strategy of pausing and phrasing.	Funny Friday- What is the funniest thing your friends have done?	Talk about someone famous who stutters.	If you could have a lifetime supply of anything, what would it be? Use your fluency strategies to discuss.
Using your fluency strategies discuss the most interesting thing you have watched this week.	Practice deep belly breathing today.	Would you rather have french fries or chocolate cake? Discuss using your fluency strategies.				



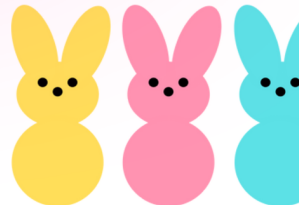
Famous People Who Stutter

- o Emily Blunt
- o Shaquille O'Neal
- o Marilyn Monroe
- o Tiger Woods
- o Joe Biden



APRIL

FLUENCY CALENDAR

MON	TUE	WED	THU	FRI	SAT	SUN
Using your fluency strategies, describe your perfect job.	What is something you are hoping to do this month? Use slow speech to describe. 	Using your fluency strategies, describe what you would do if you saw a rattlesnake.	What is a magical power you wish you had? Use your fluency strategies when discussing.	Funny Friday- Is this funny? Why are people tired in April? They just finished a 31 day March.	 LAZY 8 BREATHING	What are two things that made you smile this weekend?
Name a time when you felt lucky using your fluency strategies.	Using pausing and phrasing discuss something that you dislike.	Name five things that make you happy.	Describe a Snickers bar and discuss if you like it using your smooth speech.	Funny Friday- Tell a joke today.	What is something that everyone thinks is gross but you love? Use your fluency strategies to discuss.	If you got locked inside the mall for the night, how would you spend your time? Use easy onset while discussing.
If you could design a new ice cream flavor, what would it be? Discuss using your favorite fluency strategy.	What is your favorite thing to do?	Using slow speech, tell me one thing you like about your favorite place.	Describe a sign you see on the street and discuss it using your smooth speech.	Funny Friday- Is this funny? What is the funniest thing you have ever done?	Discuss your favorite movie and why you like it using your fluency strategies.	FREE DAY!!! Do something fun today!
If you could start a secret society what would it be called? Use your fluency strategies to discuss.	Imagine someone who is your favorite animal at the zoo is, using slow speech.	Imagine you are always in your pajamas? Use your smooth speech to discuss.	If you had a pet parrot, what would you teach it to say? Use slow speech to discuss.	Funny Friday- Tell me something embarrassing that happened to you this month?	Discuss your favorite fluency strategy to discuss where you think you will be in five years.	What was the most exciting thing that happened this week? Discuss using your fluency strategies.
What is one fun fact about you?	If you could break any world record, what record would you want to break? Use your strategies to discuss.	<h3>Fun Facts About Stuttering</h3> <ul style="list-style-type: none">Stuttering usually begins in childhood, between the ages of 2 and 5 years.Stuttering can begin gradually and develop over time, or it can appear suddenly.Stuttering is associated with differences in the brain; it is not just a behavior that children learn or pick up from listening to other people who stutter.Stuttering is more common among males than females. In adults, the male-to-female ratio is about 4 to 1; in children, it is closer to 2 to 1.				
						

MAY

FLUENCY CALENDAR

MON	TUE	WED	THU	FRI	SAT	SUN
Name something you are really good at doing.	Using your strategies, discuss something you want to do this month.	Using your fluency strategies, talk about a time when you raced someone.	What is something you like to do for fun?	Funny Friday- Is this funny? How do you make an eggroll? You push it.	If you could change anything about your bedroom, what would it be? Use your strategies to discuss.	What makes you happy? Use your smooth speech to discuss.
Do you think there are aliens on other planets? Discuss using your smooth speech.	Use your fluency strategies to discuss your favorite celebrity.	Use your fluency strategies to discuss if you would rather go to the doctor or the dentist.	What fairytale story would you like to be in? Discuss using your strategies.	Funny Friday- tell a knock-knock joke today.	If you could save one thing from a fire, what would it be? Describe using your fluency strategies.	Talk about something that frustrates you using your fluency strategies.
Use your fluency strategies to discuss what you would buy right now if you could.	Use your fluency strategies to discuss the best thing you have ever eaten.	Discuss whether you would rather watch a movie or go to a concert.	Tell someone a joke.	Funny Friday- Is this funny? Why or why not?	Use your fluency strategies to discuss what you would buy right now if you could.	Use your fluency strategies to discuss what should be an Olympic sport.
What is your best quality?	Using easy onset, discuss your favorite kind of taco.	Pay attention to your fluency while singing.	What is the most difficult thing you have had to do?	Funny Friday- Tell a joke today.	Use your fluency strategies to discuss what you would buy right now if you could.	Use your fluency strategies to talk about someone that inspires you.
Use slow speech to talk about something you are most afraid of.	Talk about something amazing you did today!	Using your fluency strategies, discuss whether you would rather give up eating sweets or give up eating fast food?				

Fun Facts About Stuttering

- More than 70 million people worldwide are stutterers -- that's one in every 100. In the US, more than 3 million people stutter.
- People who stutter can be effective communicators regardless of how much they stutter. They may require additional time to speak compared to speakers who do not stutter.
- Citizens of every nation and speakers of every language across the world stutter. Multilingual speakers who stutter will stutter in every language that they speak; however, stuttering may present differently in each language.

