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PREVIEW

This social story helps students understand that being with friends and having fun is important. Being with friends and having fun is important. We can not do what we do.

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My Friends make  
their own choices

My Friends



A Special Story

PREVIEW

Sometimes I want to be with  
my friends all the time.  
I might want to play with  
them, sit with them, or do the  
same things they are doing.

But friends don't always stay  
with me.  
They might want to play  
something different.



They might sit somewhere else  
or play with other friends.  
And that's okay.



My friends also have other things  
they need to do.



They might go to a different  
classroom.



They might leave for the  
restroom, PE, or another activity.  
They might leave the room or  
need a break.



That's not something I can  
control.  
I might feel sad, mad, or  
confused when this happens.



That's okay. Feelings are always  
okay.



But it's important to remember:  
Everyone gets to make their  
own choices—even my friends.



My job is to be a kind friend and  
let them do what they need to  
do. Even when they are doing  
something without me.





Sometimes, I will do different things than my friends.  
Sometimes, I will play or work with other people.  
And that's okay too.



Even when we're apart, I can still care about my friends.  
And they still care about me.



# PREVIEW

I can take deep breaths, talk to an adult, or find something fun to do.



I can play, learn, and have fun—even if my friend is not with me.  
We all make different choices.  
That's part of being a good friend and growing up.



# MY FRIENDS

I want to be with my friends.

I like to play, sit, and do things with them.



Friends don't always stay with me.

They might choose to do something else.



They might play with other kids or sit somewhere else.

My friends have other things to do.



They might go to P.E., and other classes, or take a break.

That's not something I can control.



I can't make them stay or play with me.

It's okay to feel sad or upset.



I can talk to a teacher or take a break.

I can still have fun.

I can find something else to do.

I can play with others or by myself.



Everyone makes their own choices.

And that's okay!



# Check for Understanding

1. What are some other things your friends might want to do?



2. What can you do if your friends want to do something else?



3. What are some things you can do when you are apart from your friends?

PREVIEW



4. What are some things you can do when you are apart from your friends?

