

# THANK YOU

## Product includes

Thank you for visiting my store I have made these fluency calendars for you to send home as homework. They should work for almost any grade from elementary to high school. If you have any questions or concerns, please contact me. If you see any errors, please let me know and I will fix them right away!

## Terms of Use

This resource has been a labor of love. By downloading this activity you have purchased the right to use it for your own personal use. You may print it as often as you wish for your students or classroom. You may not copy, resell, or share downloads. If another teacher would like a copy please direct them to my store.

## Follow me!

### FACEBOOK SITE

[FB Site- Simply Savvy Speechie](#)

### TPT SITE

[TPT Site- Simply Savvy Speechie](#)



## Review



I am just starting out with my store and would LOVE it if you would take the time to leave a review.

# JUNE

## FLUENCY CALENDAR

MON	TUE	WED	THU	FRI	SAT	SUN
If you could have any superpower what would it be and why? Remember to use your fluency strategies while describing.	Describe two of your fluency strategies that you use the most.	Use smooth speech to describe your favorite tv show and tell why you like it.	Use light contact and say this tongue twister "Betty Botter bought some butter, but she said the butter's bitter."	Fact Friday- As many as 80% of young children who begin to stutter ultimately stop stuttering.	If you found 100 dollars what would you spend it on? Use your slow speech to describe.	Take a walk in the neighborhood and describe an animal you see using your slow speech.
What is one word to best describe yourself and why? Use your fluency strategies to describe.	Read a paragraph from your favorite book using your fluency strategies.	Describe your favorite thing about outer space using a robot voice. Were you more fluent?	Two truths and a lie- tell two truths and one lie and have others guess the lie. Use your smooth speech.	Fact Friday- Stuttering is a developmental disorder that can occur at any age.	Discuss something you saw on TV recently that was really interesting and use smooth speech.	Tell someone your favorite thing that you did this weekend and use your smooth speech.
Practice 5 finger breathing. Hold one hand out. With your other hand, trace each finger up as you breathe in and trace each finger down as you breathe out- finishing with five deep breaths.	Pepperoni or cheese pizza and why is that your favorite? Use slow speech to describe.	Describe something you want to do today and take a breath after each sentence.	If you could go anywhere in the world where would you go? Use your smooth speech to describe.	Fact Friday- Stuttering is associated with differences in the brain; it is not just a behavior that children learn or pick up from listening to other people who stutter.	Use stretchy speech to say this sentence: "The rabbit ran down the railroad track."	Think of five words that you stutter on. Practice saying each one five times.
Say the following sentence using "easy/fluent" speech then again with "bumpy/dysfluent" speech. "Let's have hamburgers and french fries."	Tell a story about the funniest thing that has happened to you and make sure to breathe before each sentence.	Describe your favorite fluency strategy, and make sure to use a joke with your family members.	Practice 10 belly breathing deep breaths today.	FactFriday-Stuttering is more common among males than females. In adults, the male-to-female ratio is about 4 to 1; in children, it is closer to 2 to 1.	Tell someone your favorite flavor of ice cream using stretchy or slow speech?	Using super slow speech answer this question. If you could own any car what would you own?

### Strategy of the month

Slow speech

- Sometimes called stretched syllable technique
- Focuses on achieving very deliberate and slow speaking
- No more than 40-60 syllables per minute



# JULY

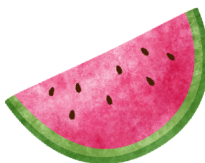
## FLUENCY CALENDAR

MON	TUE	WED	THU	FRI	SAT	SUN
Stutter on purpose while saying this sentence "I like fireworks because they are colorful."	Describe your favorite hobby using slow easy speech.	Would you rather have an extra finger or an extra toe? Use your strategies when answering.	Sing your favorite song today.	Fact Friday- Citizens of every nation and speakers of every language across the world stutter.	What is your favorite thing about your family? Use your speech strategies when describing.	Read something aloud from the news today and remember to pause at the end of every sentence.
If you were immortal for a day what would you do? Remember to use slow speech when describing.	Describe what you would order at McDonald's using your speech strategies.	Describe two fluency strategies that help you.	Tell someone about when it is hardest to be fluent and what strategies you use to help you.	Fact Friday- More than 70 million people worldwide are stutterers -- that's one in every 100 people.	If you had to be a Disney character, which one would you choose? Use your fluent speech to describe.	Practice your five finger breathing today.
If you got three wishes from a genie, what would they be? Make sure to use your speech strategies when describing.	Describe why you prefer tea or soda and use your strategies.	Practice 7-11 breathing today (count to seven breathing in and 11 when breathing out)	If you could talk in your sleep, what would you say? Use your slow speech to describe.	Fact Friday- President Biden is a stutterer.	Use these words in a sentence using your fluency strategies. fireworks, watermelon and vacation	Who is your role model? Use your slow easy speech to describe.
Go for a walk or bike ride and tell someone what you saw using your favorite fluency strategy.	If you had an intro song that played every time you walked into a room, what would it be? Sing it.	Would you rather be the funniest person alive or the funniest person alive?	When driving in the car today, use your slow, easy speech.	Fact Friday- Repetitions, hesitations and revisions are types of dysfluencies.	What would your perfect pet be? Describe it using your speech strategies.	Using your speech strategies describe something you want to do before summer is over.
Read a paragraph from a book today and remember to pause at each period.	What is your favorite thing to do on a rainy day? Use your strategies when describing.	Would you rather be the worst player on a team that always wins or the best player on a team that always loses?				

### Strategy of the month


#### BREATH SUPPORT

- Place one hand on your chest and one on your belly.
- Take a deep breath and let your belly rise to the fullest extent.
- Breathe out all the air and let your belly fall. Relax your diaphragm.



# AUGUST

## FLUENCY CALENDAR

MON	TUE	WED	THU	FRI	SAT	SUN
Describe the best gift you have ever received using your slow speech?	Practice ten deep belly breaths today. 	Use your best easy/fluent speech while talking on the phone today.	Say this sentence using light contact, "Bobby brings bright blue balloons."	Fact Friday Ed Sheeran, a famous musician, was a stutterer.	What is your favorite subject in school and why do you like it so much? Use your easy speech to describe.	If you could travel back in time at any point in history, when would it be? Use your strategies.
If you had to change your name, say what would your new name be using prolongation.	Describe two fluency strategies you like to use and why.	Would you rather go water skiing or snow skiing? Use your strategies when discussing.	Say the following sentence in a "loud" voice then again in a whisper. "I like Rocky Road ice cream."	Fact Friday P... usually stutter when they whisper or talk in a whisper.	If you didn't have to worry about money and could have any job in the world, what would you do? Use your strategies when describing.	Describe something fun you did this week using your fluency strategies.
Practice your five finger breathing today.	Help your parent make dinner and describe the steps using your smooth speech.	Would you rather be able to fly or be invisible? Describe using your strategies.	Would you use a world with music in it (like a planet with music)? Use your strategies.	Fact Friday James Earl Jones (voice of Darth Vader) was a stutterer.	Say these words in sentences using light contact: • pen • teach • school	What would you do if you have "15 minutes of fame?" Use your strategies to describe.
Tell someone about your favorite teacher using your fluency strategies.	If you could go anywhere in the world, where would you go? Use your pausing/breathing strategy when describing.	Say the alphabet using the light contact strategy.	Which celebrity do you wish you would run into walking around town? Use your strategies while describing.	Fact Friday- Everyone experiences a "normal" amount of dysfluency when they speak.	Describe your favorite cereal using your fluency strategies.	While using smooth speech, tell someone what you hope to accomplish in school this year.
What is your favorite fast food restaurant and pretend you are ordering there using your strategies.	Describe your favorite summer memory using your speech strategies.	Would you rather have a long summer break or long winter break? Use slow speech while describing.	<p><b>Strategy of the month</b></p> <p>... ———— ♥ ———— ...</p> <p><b>LIGHT CONTACT</b></p> <ul style="list-style-type: none"> <li>• Touching parts of the speech machine softly with less physical tension so you can keep your speech moving.</li> <li>• For example when saying the word 'BALL'. Lightly touch your lips for the B sound and then continue with the rest of the word</li> </ul>			

