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This social story explores

- Not pinching others
- Replacement behaviors for pinching
- How others feel when you make good choices instead of pinching

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No Pinching A Social Story

No pinching



Sometimes get oset.

Everyon get upset
sometimes.



Sometimes when I am upset, I will pinch others.



If I pinch others, I will hurt them and they will feel sad.

When I am upset, I will not pinch.





There are things to relax and feel by ter.



I can close my eyes and take 5 deep breaths.



I can ask for a break.







I car e a e so, toy.

I can go for a walk.





I need to make good choices and not pinch others.

I am in control of my body and I can make good chioces.





Other people will feel pappy that I make ook choices.

My teachers and friends are happy when I do not pinch them.





<u>no pinching</u>

Sometimes I get upset. Everyone gets upset sometimes.



When I am upset, I will not pinch.



If I pinch others, I will hurt them and the win fel sad.



I can take deep broaths or get a drink of water.





My teachers and friends are happy when I make good choices.

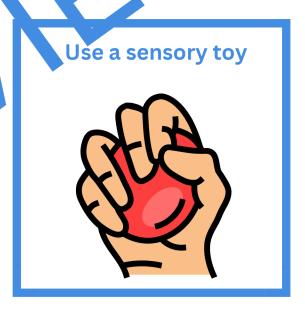


I WILL CHOOSE TO













Check for Understanding

How does pinching make other people feel?



2. What are some things I can do instead of pinching?



How will others feel when I don't pinch them?



